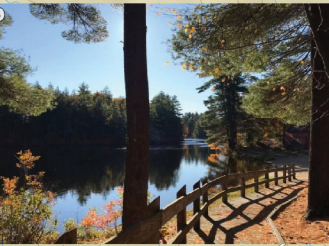




Seaback rider on Sanford Springvale Rail Trail



Boardwalk with guardrail along Mousam River in the Springvale Recreation Area



Skiers showing along the Mousam River



Stone bridge with AmeriCorps participants



KEY TO FEATURES

Trails and Walks (trails mapped using color of blaze)

- Durable surface walking/biking trail (sidewalk - stone dust - paving)
- Gravel multi-use trail
- Footpath (dirt or gravel, may be rough in places)
- Historic Walk

Points of Interest

- Parking
- Gazebo
- Picnic Area
- Swimming
- Dog Park
- Food and Drink
- Fitness Area
- Skate Park
- Frisbee Golf
- Hand-carry Boat Launch

0 0.5 Miles

Photographs Courtesy: Corey Burns, Lew Burnett, David Joy, David Parent, Sanford Springvale Historical Committee. Copyright © 2021 by Sanford Trails Committee. Cartography & Design: CCGIS www.community-gis.org

Springvale Historic Walk
This urban historic trail is an easy and scenic walk along streets and paths crisscrossing the Mousam River in the historic heart of Springvale. View sites of a 19th Century bustling mill community as well as scenic waterfalls and picnic grounds.

Sanford Middle School & YMCA Trails
Easy walking trails connect Sanford Middle School complex, the Sanford YMCA, Marginal Way, the Rail Trail, and William Oscar Emery Drive. No trail segment is longer than a half mile. Surfaces are paved or crushed gravel.

Sanford Historic Walk
This signed historic trail winds its way through downtown sections of Sanford and features sites such as Goodall Mansion, Goodall Park, Goodall Public Library, City Hall as well as former homes, businesses, churches, and school sites.

Mousam Way South
Mousam Way South is a lovely woods trail that follows the Mousam River from Emery Street to School Street and features a 300-foot boardwalk across a wetland.



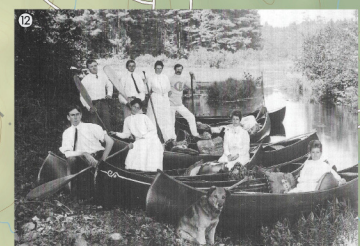
Large arch railroad bridge over the Mousam River



Springvale Railroad Station, early 1900s (Sanford-Springvale Hist. Society)



Boston Avenue trail arthropos with granite columns



Sanford Canoe Club on the Mousam River, early 1900s (Sanford-Springvale Historical Society)



Bikers at post and beam structure on William Oscar Emery Drive



Boardwalk at Mousam Way South



Indian's Last Leap (Craig Gerry)