



“Places to Play” in Sanford/Springvale

Find a place to play in Sanford/Springvale at one of the Parks,
Trails or Ponds and enjoy the outdoors!! KEEP MOVING...

Gowen Park (Gazebo + Picnic Pavilion)	Next to Jr. High 730 Main St.	Sledding Hill, Trails, Pickleball Picnic, Weddings, Tennis, Disc Golf
Carpentier Park	78 High Street, Sanford	Playground Area, Basketball Pickleball, Softball
Benton Park/ Goodall Baseball Park*	27 Roberts Street, Sanford	Playground Area, Tot Area, Basketball, Baseball
Springvale Park	John St , Springvale	Playground Area, GaGa Pit Tennis, Mini Skate Park,B-Ball
Sanford Skateboard Park	Next to the YMCA 1 Emile Lavasseur Dr	Skate Park for all ages
Springvale Rec. Area/ Holdsworth Park + Picnic Pavilion	Rt. 109, Springvale	Trails for walking, Wildlife, Beach, Horseshoes, Fishing, Volleyball, Picnic, Swim
#1 Pond**	8 William Oscar Emery Dr	Trails for walking, Wildlife, Fishing, Picnic, Ice Skating
Sanford Trails/Rail Trail throughout San./Spr. Trail Maps available at the City Hall, 919 Main St.		Urban Walks, Biking, Skiing Horses, ATVs-not on rail trail
Airport Ball Fields	1 Kostis Ln	Baseball, Softball, Kickball
Veterans Park	29 Witham St.	Football, Softball, Fld Hky, Lacrosse
Sanford Dog Park	148 WilliamOscar Emery Dr.	Fenced in area for Dogs

For more info please contact Sanford Parks and Recreation Department 324-9130
or go to our website www.sanfordrec.com

*Site of Varsity Baseball Games and Mainers Games

** Site of the Maine Attraction Water Ski Team (since 1989)



Recreation: Just for the Fun of It!

